

# Emergency Preparedness Action Plan

## Emergency Numbers

**Life or Death Emergency**  
911

**Poison Control Center**  
801-222-1222

**BYU Police**  
Emergency: 911  
Non-Emergency:  
801-422-0911

**BYU Security**  
801-422-2222

**Provo Police**  
801-852-6210

**Utah County Sheriff Dept**  
801-851-4000

**Utah County Highway Patrol**  
801-234-8285

**Provo Fire & Rescue**  
801-852-6321

**Utah County Health Dept**  
801-851-7000

**Utah Valley Regional Medical**  
801-357-7850

**BYU Student Health Center**  
General: 801-422-2771  
Urgent Care: 801-422-5128

**American Red Cross**  
801-373-8580

**Questar Gas Emergency**  
800-323-5517

**Provo Water & Waste**  
801-852-6780

**Provo City Power Outages**  
801-852-6888

## Victim Assistance Numbers

**Abuse/Assault Hotline**  
800-371-7897

**Child Abuse Hotline**  
800-341-7005

**Child and Family Services**  
801-374-7005  
After Hours: 801-376-8261

**Intermountain Specialized Abuse  
Treatment Center**  
801-373-0210

## Things To Do Before An Emergency Occurs:

- Be prepared to quickly “grab and go” if you must leave your work or home.
- Plan where to go if you must leave (i.e., yard, church building, etc.).
- Plan how to contact concerned people (i.e., family, friends, work, etc.)
- Make sure you have an out-of-state contact to relay messages.

### 1. Say a quick prayer for guidance to do the right thing.

### 2. Is this really an emergency?

If yes, go to Step 3.

If no, calmly counsel together to determine what should be done.

### 3. Are seconds critical?

If yes, go to Step 4.

If no, go to Step 5.

### 4. Follow these steps, as appropriate:



#### Earthquake:

1. Duck, cover, and hold if indoors. If outdoors, move away from power lines, buildings, or anything that could fall.
2. Evacuate buildings when shaking stops.
3. Report to your pre-designated assembly area.



#### Fire:

1. If it is a kitchen fire, use a fire extinguisher. Otherwise, evacuate the building immediately.
2. Call 911 when safely out of the building.
3. Be available to talk to responding firefighters/emergency personnel.



#### Flood:

1. Evacuate to high ground (Upper Campus if at work/Provo area)
2. Report to your pre-designated assembly area.



#### Severe Wind Storm or Tornado:

1. Seek shelter immediately in the basement, an interior closet or room on a lower level, or get under sturdy furniture.
2. Stay away from all windows, doors, and outside walls. Close windows.
3. If not sheltered, lie flat in a ditch with hands covering head.
4. If in a vehicle, get out and seek shelter in a ditch or culvert.
5. If the building is damaged, evacuate after the storm has passed.



#### Medical Emergency:

1. Open the person's airway, control bleeding, and treat for shock.
2. Have someone call 911. Off-campus phones will reach Provo Police. On-campus phones will reach University Police.

### 5. Can you handle the emergency by yourself?

If yes, apply resources and handle the emergency.

If no, go to Step 6.

### 6. Do you need municipal help?

If yes, call 911. Say, “This is an emergency.” Tell them WHO is involved, WHAT happened, and WHERE the emergency is taking place.

If no, contact (by phone or runner) family, neighbor, supervisor, or other designated emergency contact to inform them of the incident.